

### Senior Care Solutions

Senior Care Solutions helps our elderly loved ones continue living in the perfect home for them - their own! And, if a higher level of care becomes necessary, we provide services and support for relocation and smooth transition. **For seniors and their caregivers, we are just a phone call away: (585) 461-0110.**

### Expert Care Managers and Personal Attention

Our team of professional care managers are licensed and certified social workers and nurses with expertise in geriatric care and caregiver assistance. Each client is connected to one of our care managers who provides personal attention and focuses on the specific situation and needs. This approach allows us to establish trusted relationships with our clients and caregivers as we work together to achieve the highest quality of life possible.

### In-Home Assessments

Senior Care Solutions comes to you and conducts in-home evaluations to assess physical, health, social, emotional, cognitive and safety needs. We also learn about personal preferences and available financial resources. This is essential for developing a care plan that best accommodates your needs.

### Custom Care Plan

Senior Care Solutions professionals work with elders and/or their caregivers to create a personalized care plan that addresses clients' challenges and builds on their strengths. As life and health changes occur, we modify the care plan to ensure evolving needs are always addressed and to help avoid or reduce crisis situations.

### Advocacy

Senior Care Solutions helps clients and caregivers navigate the maze of aging services. We interact with healthcare and other service providers to make sure our clients receive quality care.

### Re-location Consultation

Senior Care Solutions is here to help relocate loved ones in or out of the Monroe County area. We research options and make recommendations for a residence, senior living facility or nursing home that best fits the client's needs, preferences and financial situation. We assist with all necessary arrangements to step you through the process and facilitate a smooth transition to a new living environment.

### Medical Appointments & Discharge Planning

Senior Care Solutions attends medical appointments with our clients and provides feedback to caregivers (in accordance with HIPAA). We also attend discharge conferences (from hospitals, nursing homes and rehabilitation facilities) and work collaboratively with our client, their caregiver and the healthcare provider to help develop a quality discharge plan.

### Caregiver Peace of Mind

Managing the care of an elderly parent or spouse can be overwhelming. Senior Care Solutions is here to help caregivers with consultation, guidance and emotional support every step of the way. Whether you are local or long distance, we can keep an eye on mom or dad and keep you informed (in accordance with HIPAA), setup and monitor their care plan, and suggest adjustments as needs change to ensure your loved one remains safe, comfortable and well cared for.



### What Our Clients Say

*"My parents are now getting the best possible care and support thanks to the extensive knowledge of options and strong advocacy of their care manager."*

*Michael, out-of-town son and caregiver of Senior Care Solutions clients*

*"Our care manager is the glue that holds everything together, which is especially important since we live out of town. The knowledge, experience, compassion and sensitivity that she provides are critical when dealing with family members who are coping with the complications of life at an advanced age."*

*Gail, out-of-town daughter and caregiver of a Senior Care Solutions client*

JFS embraces the entire community regardless of race, religion or ethnic background.

**We are just a phone call away.  
Call Senior Care Solutions  
for details and fee information.**